

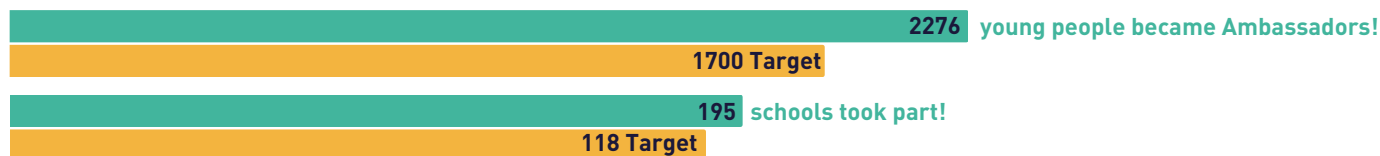
ANTI-BULLYING AMBASSADOR PROGRAMME

META END OF GRANT SUMMARY REPORT JUNE 2022 - MAY 2023



FROM THE DIANA AWARD

REACH



HEADLINE IMPACT

After attending training:

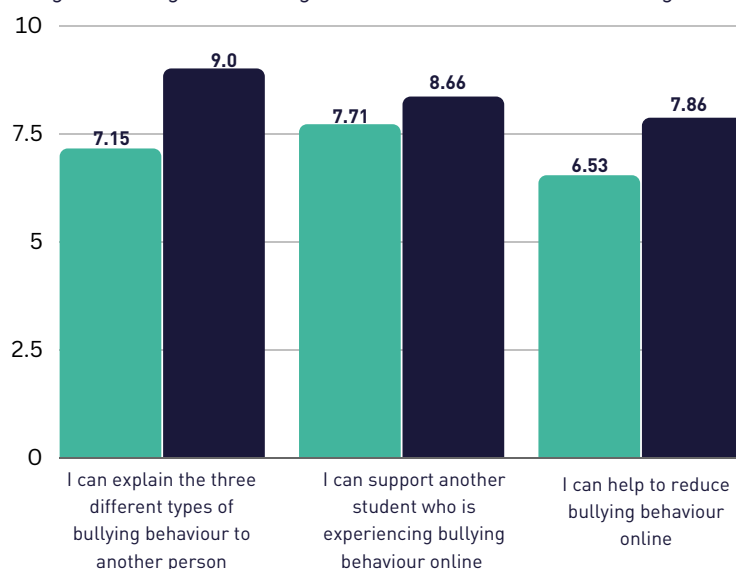
- 97% of Anti-Bullying Ambassadors know what bullying behaviour is
- 95% of Anti-Bullying Ambassadors understand how experiencing bullying behaviour can affect mental health and wellbeing
- 90% of Anti-Bullying Ambassadors can spot bullying behaviour online.
- 95% rated the training session as 'Good/Excellent'
- 94% found The Diana Award resources useful

HIGHLIGHTS

- We exceeded both our schools and young people targets, reaching a total of 2276 young people (target 1700) and 195 schools (target 118).
- Following scheduled reviews of survey feedback, we routinely updated training content and resources to ensure we continued to meet emerging needs, such as including additional, practical tips on how to be an Upstander.
- Alongside mainstream Secondary Schools, the ABAP also supported many SEN (Special Educational Needs) Schools and we were pleased to receive positive feedback from participating educators and young people.

YOUNG PEOPLE SURVEY RESULTS

Change in average self-rating (1-10 scale) Pre vs. Post Training



WHAT WILL YOUNG PEOPLE DO TO TACKLE BULLYING BEHAVIOUR?

"We are going to do presentations with local schools, talk to them about their views, engage with parents and do wider community outreach."

"We are going to change the language we use around calling out bullying behaviour so no one feels victimised or like they cannot change their behaviour."

"We will create a drop in room at breaks and lunches for people to come and talk if they need to."

"We were also thinking about workshops at lunch for people who experience bullying or family problems. For example I was thinking about an art workshop so people who are going through something right now could express their feelings through painting if they do not want to talk."

"We might come up with an 'in-school' definition of bullying, using a sentence from each year group"

"I can deal with more types of bullying situations happening to other people and have more knowledge on what and what not to do. I also have ideas on creating a power point for an assembly for the school about being trans to help trans people in the school find themselves and to find their pride. I want to teach people about what it's like to be trans and how you don't have to confine yourself to binary identities. I think it's something people really need to hear about."

LONG TERM IMPACT

3 months after training...

92%

of Ambassadors say that they have more knowledge about bullying behaviour and its effects on people

78%

of Ambassadors say that their leadership skills have developed compared to before the training

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META END OF GRANT SUMMARY REPORT

2022 - 2023

CASE STUDY



FROM THE DIANA AWARD

RYECROFT C.E MIDDLE SCHOOL STAFFORDSHIRE

Since attending their initial training day in November 2022, 13 Anti-Bullying Ambassadors from Ryecroft C.E. Middle School in Staffordshire have been dedicated to tackling bullying behaviour and supporting students' wellbeing, both in school and online.

As part of their anti-bullying work, Ambassadors organised a poster design competition to raise awareness of bullying behaviour. Focusing specifically on cyberbullying, the team encouraged students to consider how to tackle online abuse when designing their posters. Many posters mentioned blocking, reporting and telling a trusted adult as supportive steps to take in response to cyberbullying. The Ambassadors had the great idea to collaborate with the Computing Lead Teacher, arranging a digital poster-making session for Safer Internet Day in February where all pupils learned how to stay safe online.

The Anti-Bullying Ambassadors at Ryecroft C.E. Middle School have a clear passion for supporting others to stay safe online and have expertly woven this within their anti-bullying work. Ambassadors were delighted to be awarded the Wellbeing badge in recognition of their excellent work!



Awarded the
WELLBEING
badge

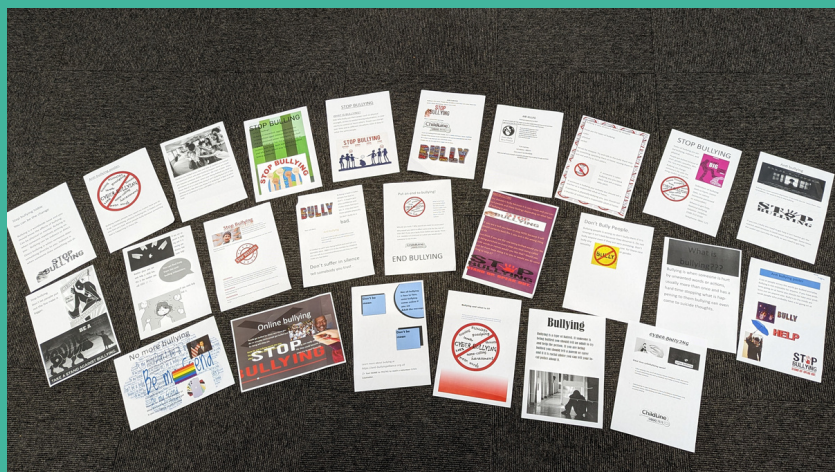


Photo: Anti-bullying poster
competition submissions.
Ryecroft C.E Middle School
in Staffordshire, March 2023

YOUNG PEOPLE FEEDBACK

"The best part of training was the different 'what would you do in this situation' scenarios, because it made me think empathetically about another person's situation and how they would feel in that situation."

"Identifying bullying behaviour taught me a valuable skill that I can now use to help others."

"The ABAP has made me become more confident when speaking with others. I have also had more of the younger pupils come up and say hello to me which never happened before I became an Ambassador."

SCHOOL STAFF FEEDBACK

Change in average self-rating (1-10) Pre vs. Post Training

I can support students to reduced bullying behaviour online	7.02	+1.44	(8.46)
I can explain the three different types of bullying to another person	7.94	+1.52	(9.46)
I can create a student-friendly anti-bullying policy with my students	7.72	+1.11	(8.83)

Students are now aware of who the Ambassadors are, if they would prefer to talk to students rather than an adult. The school has also implemented anti-bullying postboxes which are locked and checked daily by a member of the pastoral team. Students are able to post concerns anonymously, if they do not wish to speak to an adult in school.

The strengths of the ABAP are the simplicity of the definitions which were easily understood, the common language and the scenarios which made pupils think. The training session empowered students and suggested practical steps they can take.